



ACADEMY
OF DISTINCTION ODV

BREAKING GOOD!

TIPS FOR BLOCKING NEGATIVE THOUGHTS TO LEARNING

FREE ONLINE WEBINAR



DATE
28 Feb, 2024



TIME
15:00 - 16:00 GMT



George Kokolas
SPEAKER

Negative thoughts, bad moods, and boredom are frequent and, above all, perfectly normal feelings among students. The good news is that overcoming negative thoughts and developing a positive mindset for effective learning is something that you can achieve through training. This interactive session will explore practical strategies to block self-doubt, improve focus, and enhance confidence. You'll unleash your full learning potential by "breaking good" from possible negative thoughts and thriving in your educational journey.

REGISTER NOW



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